
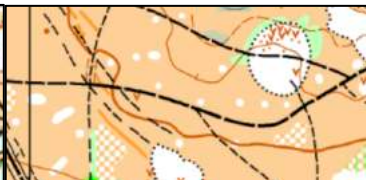





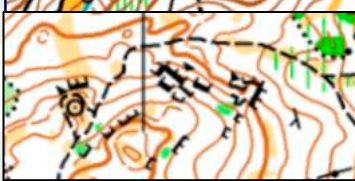










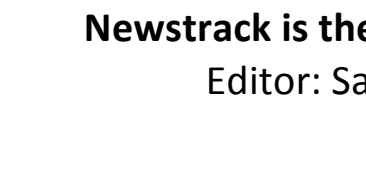
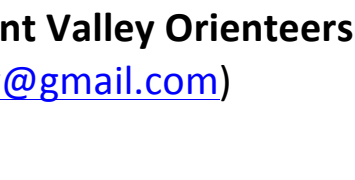


	Rank	Club	Points	
	1	BOK	6586	
	2	EPOC	6070	
	3	OD	6049	
	4	TVOC	5787	
	5	SYO	5603	
	6	MDOC	5503	
	7	SO	5486	
	8	DVO	5385	
	9	HH	5369	
	10	DEE	5351	

DVO achieve 8th place in the 2016 UK O League!

Newstrack is the magazine of Derwent Valley Orienteers

Editor: Sal Chaffey (sal.chaffey@gmail.com)



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New Members

A big welcome to new DVO members William Chandler, Diane Blount and Harry and Connie Brocklehurst!

See you at an event soon, or give us a Like on Facebook. We have the Derwent Valley Orienteers Page (with sub-pages for each event) and the more chatty DVO Group ;) There's also the Derwent Valley Orienteers Yahoo! Group and Doug's email bulletin (opt-in email address on page 4)

What's inside?



Nov 2016

Junior Match & AGM Report	3
SPOTM, Eyam Race Day Quiz, Club Champs & Awards	4
South Derbyshire O Champs 2016	5
Derby Parks Series 2017	6
Club Captain's Corner	6
Forest Sprint at Grangewood	7
York Indoor Cup & Saltaire Urban	8
Liz's Chase at the Caddihoe	11
Dave Nevell's 1st O event (& others' 1 st event stories)	12
Know Your New Club Captain!	14
DVO Helpers Teams	16
When Sunday Comes	18
Rachel D interview	20
Puzzle Page	23
Forthcoming Fixtures & Event Officials Needed	24
Winter DVO poster	25

Dates for Open Meetings and Committee Meetings

Traditionally club **Committee** meets on the 2nd Tuesday of March, June, September and December so next dates are: 13th December 2016, 14th March 2017, 13th June, 12th September

And **Open Meetings** are on the 2nd Wednesday of January, April, July and October (AGM):

- 11th January
- 5th April (adjusted for Easter)
- 12th July
- 11th October



These larger meetings are at The Family Tree, Whatstandwell, starting at 8pm, with an optional run at 7pm & everyone is welcome! Free parking across the road (east of A6)

Editorial - cover story (or even an alibi for some!)

This issue's cover celebrates DVO's 8th place (out of 111) in the UK O League, which is the Club's best performance at 10 of the 21 nominated UKOL fixtures. To save you counting the maps on the front, there are 19, because Kenfig (Croeso Day 1 and 2) featured as both a Middle and a Long, and the two maps for the Caddihoe Chase at Agglestone overlapped. You can read about Liz's exciting run there on page 11.

The League was introduced in 2013 and one aim is to "encourage greater participation at a national level" so it does reflect a willingness to travel. But worth it for quality terrain!

Thirty Club members are returning from the concluding pair of UKOL counting fixtures in the southern Lake District, as Newstrack goes to press, many of them cementing high placings in the Individual League:

W16 1st Sarah Duckworth
W35 9th Helen Chiswell
W40 6th Sally Calland
W50 1st Sal Chaffey
W65 1st Liz Godfree
6th Judith Holt
W70 6th Jen Gale



M45 7th Richard Parkin
M50 9th John Duckworth
M55 14th David Vincent
M65 6th Mike Godfree
M70 3rd Doug Dickinson
8th Derek Gale

Club and Individual results are at <http://www.ukorienteeringleague.org.uk/> where you can also find the 2016 Event schedule if you're struggling to identify some of the maps!

Thanks everyone for finding the time to write about your runs! Copy date for the next issue is **22nd January** to give out at Shining Cliff at the Level B on Jan 29th. I hope you all have a relaxing Seasonal Break, and that any snow we have avoids event days!

Sal



X marks the spot! Calling all Juniors for the...

DVO v SYO Junior Match

The Dukeries, January 8th

Yvette Baker scoring system, but including White, so every run counts! Further details from Ann-Marie jasrduckworth@btinternet.com

DVO AGM

At this year's AGM, Liz Godfree stepped down as Club Captain. I would like to thank her for all her efforts over the past few years in keeping the DVO flag flying at either CompassSport Cup events or in the major Relays held nationally.

Graham Johnson is our new Club Captain and I welcome him to the role. His success over the years at claiming "mugs" for DVO entrants to the White Rose Relays in Yorkshire suggests that he has a sound pedigree for this role. Please support him as best you can!

Andy Hawkins was elected Vice-Chair at the meeting.

Stuart Swalwell, Club Chair

Sports Personality of the Month

Tony Berwick for forgetting to Download at the Sandscale Haws event. With the Godfrees, they drove back to the hotel in Barrow, Tony went for a walk, and only then remembered he'd not Downloaded! Mike had to drive back to the parking field to reassure the perplexed Organiser!

Judith Holt's control description traybake "went down well at last of the 2016 Matlock O Wednesday nights", jokes about being given Depression or Ruin aside!



Race Day Quiz: Eyam Moor Dec 11th

I know there aren't many trees at Eyam, but the winner gets a winter-O-themed pyramid chicken. No submissions by email please ;) hand your answers in at Registration.

- 1 Which DVO member won W45 at the 2012 event at Eyam?
- 2 What's the name of this Stone Circle on the Eyam map (left; brown earthwall symbol) & featuring the Chair Stone?
- 3 How was the bubonic plague spread from London to Eyam in 1665?
- 4 What did villagers use then to decontaminate their money?
- 5 Parking is on Sir William Hill Road. Who was he?
- 6 What is the height in metres of the Trig Point on the south edge of the O map?
- 7 In which year was Beech Hurst (now Eyam Youth Hostel) built?
- 8 What was Mr Benn's address (no Eyam connection; see p 13)?



DVO Club Champs and Awards Ceremony, 15th October 🏆🏆🏆🏆🏆🏆

The trickiness of the Stanton Moor terrain is alluded to in this issue's When Sunday Comes, and I for one mismatched the map to the ground, never finding No 7 on Long! Of course, it made sense afterwards at the Picnic Lunch afterwards in the lovely Birchover Reading Rooms. Thanks to Stuart for Planning, and to Viv & Ranald for Organising the event & lunch.

First across the line to win the Judy Buckley and Chris Yardley Trophies were **Sally Calland** and **Richard Parkin**. Fastest male and female **Andrew Powell** and **Rachel D** won the Peter Bourne and Karen Jackson Trophies. The Brocklehursts shared the Lithuanian Trophy for 1st Junior. Very well done all, those quarries were fiendish and a great place to visit early on!

2016 Awards

Orienteer of the Year – Liz Godfree, 3rd W65 at the World Masters Sprint Race in Tallinn

Most Enthusiastic Newcomer – Sally Calland, 1st W35 in Florence City Race and many other overseas O trips, as well as being a keen Organiser for DVO & Military League events

Junior Orienteers of the Year – Sarah and Rachel Duckworth, both running for England

Improver of the Year – Jake O'Donnell, winner of M10 at JK 2016

Newstrack Contributor of the Year – Graham Johnson, articles on Edinburgh and Cracow, as well as keeping many club members entertained this autumn with his Route 66 blog!

Sports Personality of the Year – Ann-Marie Duckworth for gripping a control to a waste bin at the Ashbourne NYD Urban. Fortunatley she was close by with the secret code (known only to DVO planners and control collectors) when the bin had to be emptied!

Photos are on the Derwent Valley Orienteers Facebook page and in our e-newsletter, please email Doug (djdickinson@me.com) if you would like to subscribe.

South Derbyshire Orienteering Championships (SDOC 2016) - Results and Review

Based on attending more than one event, SDOC 2016 results are:

Male – 16-35 David Pettit 297 points
35-60 Dave Bennett 395, James Prince 390, David Vincent 297
60+ Derek Gale 393, Graham Johnson 300, David Bray 294

Female – 16-35 Kate Lowndes 250
35-60 Catherine Howells 249, Amanda Price 198, Sue Russell 196
60+ Liz Godfree 300, Jen Gale 298



This series of six informal, Level D 'Come and Try It', events had several aims:

1. To introduce newcomers, especially schools and families, to our sport.
2. By having a championship element encourage attendance at more than one event.
3. Give regular orienteers an opportunity to compete in some new areas.
4. Increase DVO membership.

Marketing and promotion was very thorough, targeting schools, youth groups, sports centers and early 2016 orienteering events.

Overall attendance breakdown (not counting doing more than one course at an event)

DVO members 95	Other Clubs 48
Independent Individuals 29	New families 8
Schools 35	Youth Groups 0



The events were reasonably well attended, mainly by regular orienteers plus a few individuals and families. The support from schools was very poor, just Rosliston 30 and Repton 5.

Looking at the 18 people who have joined DVO since the beginning of the year 5 might have joined as a result of coming to one, or more, of these events.

So what about 2017?

A group of us have met to consider what we have done in 2016. Our review included looking at SDOC 2016, The Matlock O Club and the National Trust school holiday events. More news soon.

Rex Bleakman

Final thought – no matter what we do – as long as the events and activities are positive, fun times for all who attend, then it's good for the overall image of Orienteering.

An idea to lift the Invisibility Cloak from Orienteering

In the Harry Potter books, Muggles (the non-magical people) have no awareness of the magical goings-on around them. This is where orienteering suffers, hidden away in distant fields and forests, not understood by outsiders. Like Dumbledore, many participants have long white beards, and for us the Marauder's Map is a reality (ever done the video replay of your course on RouteGadget?!).

But people ask, do you do it for charity? There's a culture today of doing races for charity, which somehow confers social approval on the runner. Because it's not done as a fundraiser, it risks being seen as self-indulgent.

What I'm saying is that we're missing an opportunity to be seen as 'partnering' – which is important and newsworthy in today's world. Nobody really wants to be sponsored to find controls – but what about doing a litter pick of one of our areas, in our kit, and sending a photo to the local paper? If timed a month before an event on the same area, this would be a great way to get the event mentioned in the same article! Other ideas welcome ...

Sal.chaffey@gmail.com

Derby Parks Series 2017

At the AGM, Stuart borrowed an army expression and applied it to orienteering – Keeping Orienteering in the Public Eye (KOPE). In recent years, many clubs have run successful parks series and this is a great way to attract newcomers and let them practise their new skills again soon!

The Level D events in the Spring have been chosen to be within a close radius to Derby, so that marketing can be targeted to the city. We are trying to have the Start and Finish in areas that are visible to passers-by (and nice places to wait for non-running family members), such as cafes or play areas.

The dates and venues are given below, please email myself or Rex if you'd like to have a go at Planning or Organising.

Date	Venue	Planner	Organiser
25/3	Markeaton Park	Paul Goodhead	Paul Goodhead
8/4	Darley Park		
22/4	Elvaston Park		
6/5	Allestree Park	David Pettit	
13/5	Rosliston		
21/5	Calke Park (Lev C)	Doug Dickinson	Sal Chaffey

I also need suggestions for places to display posters and flyers in the Derby area as well as links to running clubs. A similar series is planned for **Chesterfield** in the autumn, finishing with the Urban on October 22nd and again, help with publicity will be most welcome.

Mike's National Trust events were well attended in the Summer and he's running them again in August 2017 (Ilam and Longshaw, with the addition of Hardwick). With these popular venues, there's something to keep everyone happy!

Sal Chaffey, Informal Events Coordinator, sal.chaffey@gmail.com

Rex Bleakman, Derby Access Negotiator, rexbleakman321@btinternet.com



Club Captain's Corner



I don't know, you turn your back, go off for a bit of cycling in America for two months and when you return, you've been appointed Club Captain. Let that be a lesson to anyone considering a long holiday in future.

Actually my previous experience of this job suggests that there is a burst of activity starting at the beginning of the year before I can go back to sleep, round about the time the British Relays float past. For the moment, I'll just content myself with flagging up events of interest in the New Year. I'll have something more to say in the future no doubt.

I vaguely recall the Club Captain's duties including **the CompassSport Cup**. The first and only round of this before the Final (look, I've only had the job a few days and we've already made the semi-finals of a major, sort-of, competition) will be Sunday, 12th March. We get allocated an area, but I'm guessing the most likely one is LOG's Burwell & Haugham event, an area about which I know absolutely nothing apart from the fact that it's near Louth. At least I'll be well fed as I can call in on my parents and my mother's legendary cheesecake on the way home. The very thought has cheered me up no end.

Looking ahead, we have **the JK**, south of London between 14th and 17th April, the last day being of course Easter Monday and Relay Day. Closing date for the Relays is not until Sunday 19th March so no need to panic, but it's worth putting in your new calendar as it arrives (Individual is 29th Jan for the cheap(er) rate). A one-price-fits-all fee of £48.00 applies to the Relay, meaning that with DVO's generous (and necessary) contribution of 50%, this will cost you £8.00 per run (£24.00/£4.00 for Juniors). DVO has good memories of Pippingford Park, having had a particularly good Harvester there some years ago, and it's a particularly enjoyable relay area.

The British Champs are over the May Day Holiday weekend, 6th and 7th May, in the Lakes, Sunday's relays being on Summer House Knott. Closing date for this has not been announced yet but it's another unmissable opportunity to represent your club.

Happy Pot-Hunting.

Graham Johnson

Now where did I put my glasses? – “Forest sprint” at Grangewood



So would you look forward to an event where both the Planner and Controller had failed to navigate back to the car park? Not just a wobble, not momentarily disorientated, but a mistake so significant that they won Sports Personality of the Month - congratulations Doug and Mike!

As advertised, the area made for some great running, and also presented plenty of navigational challenges. The majority of the map was dominated by long straight rides used for horse riding but these were criss-crossed with mown grass paths and footpaths that meandered through the woodland.

In the start lane I was presented with a lovely clear map with plenty of detail at 1:7,500. Having studied this for nearly the whole allocated minute, I heard a voice: “Are you on Brown? You should be looking at this map”. This new map at 1:10,000 would have been excellent had I been looking through the pair of contact lenses that were left in the front seat of my car (and yes even M21s have trouble reading the finer detail in most maps). Having squinted at the map for the few remaining seconds I noticed that the printer had clearly failed on this copy. The south of the map was covered in dots and I presumed that this map must have been a dodgy one. Printing on an ink-jet printer at a level C event? Strange...

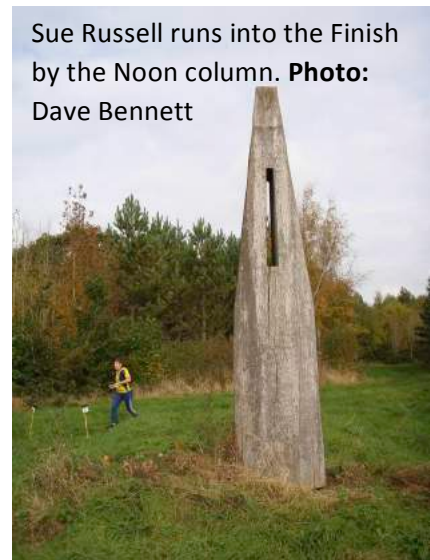
Glad that the map was not 1:15,000(!), I set off on the safe route to control 1 only to notice that my map was peppered with the same dots. On closer inspection I was astounded to find that the dots were actually veg boundaries and that Richard had painstakingly surveyed and drawn every last one. So with that amount of detail I could not possibly blame the map for my inevitable mistakes later on.

A slow start to control 1 was followed by a quick sprint to control 2. It was fairly predictable that I would approach control 3 from the wrong side of the thick vegetation – having not bothered to look at my control descriptions – and then on to control 4, located next to one of the many horse jumps in the area. After control 5 the course headed off to the map extension that had dictated the necessity to shrink all the features and give the youngsters on the brown course a healthy advantage (next year I will be back on equal terms running M35 – presuming I remember my contact lenses).

For the next 30 minutes or so I was quite happily ticking off controls until I noticed that the planner had chosen to plunge us back into the technical detail of the ink-jet dots. As if on cue I fluffed the next control, spinning around like a crazed thing (as only a practiced orienteer can do), and nearly ran off the map. Luckily that was the only mistake before I finished a very enjoyable run.

So how could I sum up such an enjoyable event with plenty of technical challenge? Well I overheard some at the finish suggesting that the event had been a great “forest sprint”. I thought this was a pretty good description of the event. In fact, we should have more of these to complement the urban sprints that have become so popular in recent years.

So my thanks go to the organising team – and my best wishes to Doug – who unfortunately wrenched his knee in order to avoid having to hang the kites on the day of the competition.



Sue Russell runs into the Finish by the Noon column. **Photo:** Dave Bennett

York Indoor Cup

Saturday 29th October, Millthorpe School, York

Having seen the article about the Stockholm Indoor Cup in the February 2016 CompassSport, and being in the north-east for the week before, we felt compelled to give the event in York a go, particularly as there was an urban event in Saltaire the following day.

It's difficult to explain what it was really like so, if you are half interested, I suggest you look at the headcam video produced by Tony Udris of SYO:

<https://www.youtube.com/watch?v=DuzqpnaqYNA&feature=youtu.be>

It took Tony a good minute to decide which way to go from the Start kite - it took me far longer! The mistake I made was not noticing that the stairs linking floors had letters against them; I just used the colour coding. However, a health warning; after watching the video Viv complained of feeling dizzy and sick!

The maps and courses can be found here:

<http://www.eborientees.org.uk/wp-content/uploads/2016/10/30/Millthorpe-maps-and-courses.pdf>

Having pre-entered we just had to turn up early to book a start time in the one minute slots. We both got off early but, given the time it took us to get our heads around the different floors, we were soon amongst quite a few others, all looking equally confused. The school comprised a number of blocks, with interlinking corridors and most rooms having con-joining doors. The use of red and white tape blocked off obvious routes and made it necessary to go up or down stairs to get to a control on the same floor. There were a few collisions as people (particularly some young males) tried to run too fast in view of the recent case of Chaffey vs Dickinson (2016). Thank goodness they weren't there or complete mayhem might have ensued! (😄Ed.)

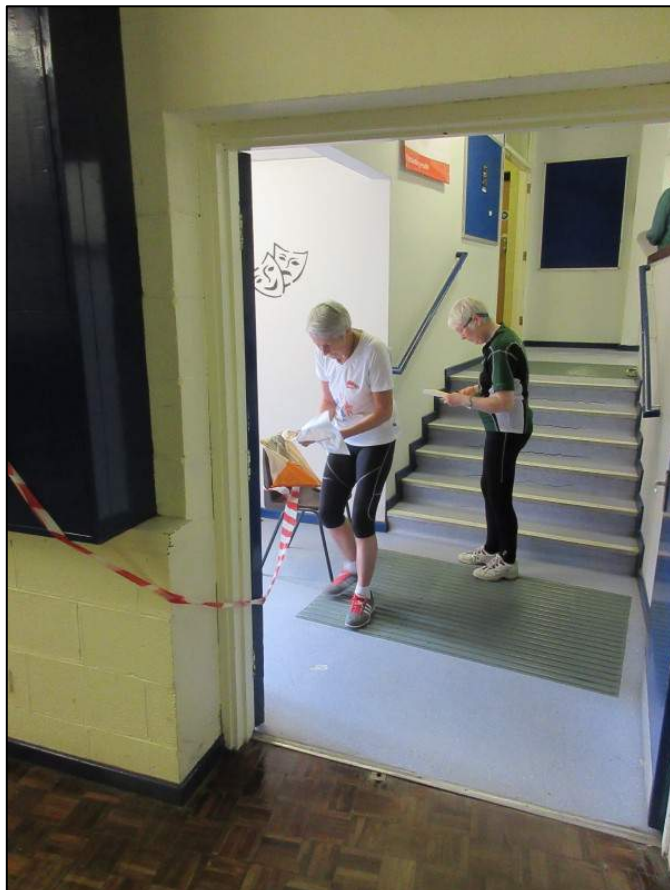
Perhaps it says something about male competitors, but of the 94 entries there were 26 wrong or

mis-punched controls, whereas on the women's course of 74 entries 66 finished successfully. I was 53rd in 46.58 (the winner took 16.08!) and Viv was 63rd in 56.50 - but at least we both finished! By contrast, I found the Saltaire event next day less interesting, apart from the section through Titus Salt's model village, probably because it was more of a runner's course with less of a technical nature.

The indoor format won't be to everyone's taste and it certainly caused us severe brain-ache. However, I'd travel a long way to have another go - there's another Stockholm Indoor Cup on 4-5 February 2017. Very tempting! To those who don't believe it's 'proper' orienteering, indoor events contain what are for me the two main characteristics of good orienteering - decision making and route choice - and just add to the variety within the sport that provides something for everyone.

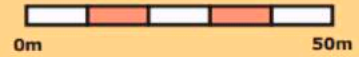
Ranald Macdonald

Seen on Nopesport - "So when is tthe UKIL starting?!"

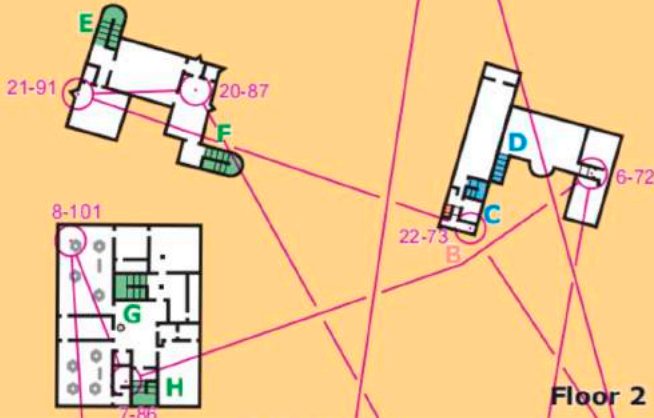




Scale 1:750



Floor 3

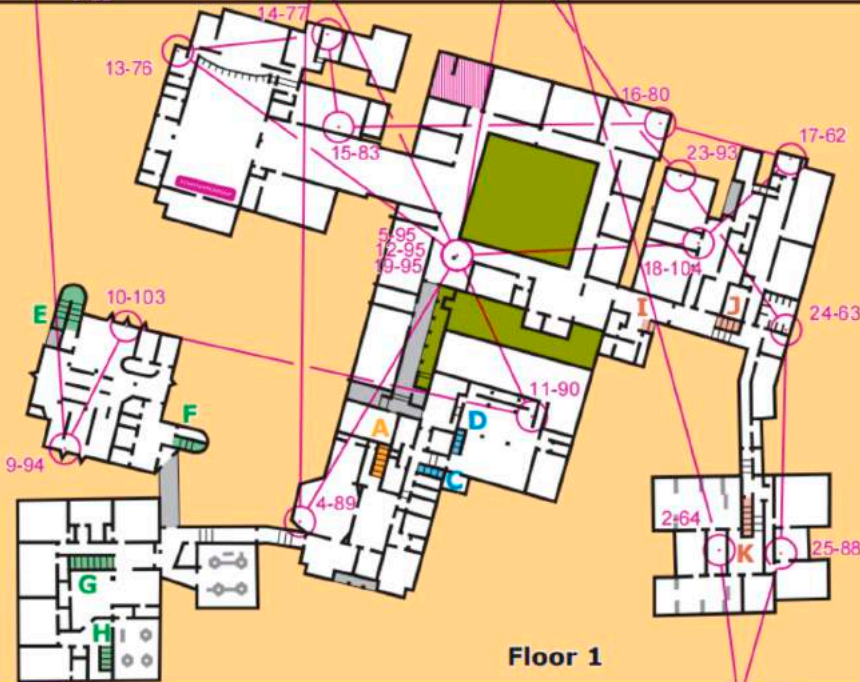


Floor 2



York Indoor Cup
October 29th 2016

Men A

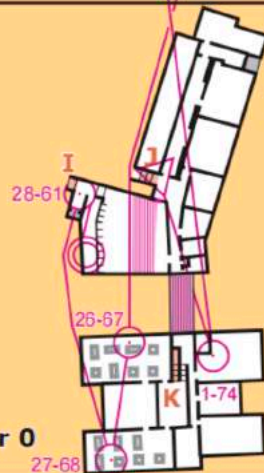


Floor 1

Legend:

- External walls
- Underpass
- Courtyard (out of bounds)
- Internal walls, doorway
- Pillar, bookshelf
- Stairway (with i.d. letter)
- Desk, table
- Special object
- Stage edge (passable)

- Out of bounds
- Folded seating - keep clear
- Uncrossable boundary (locked door)



Floor 0

Millthorpe School



Survey by Steve Whitehead & cartography by Sheffield Skyline, 2016. Possession of this map does not imply right of access for orienteering or any other purpose. BOF Reg. EBOR-16-70773 © Eborians 2016



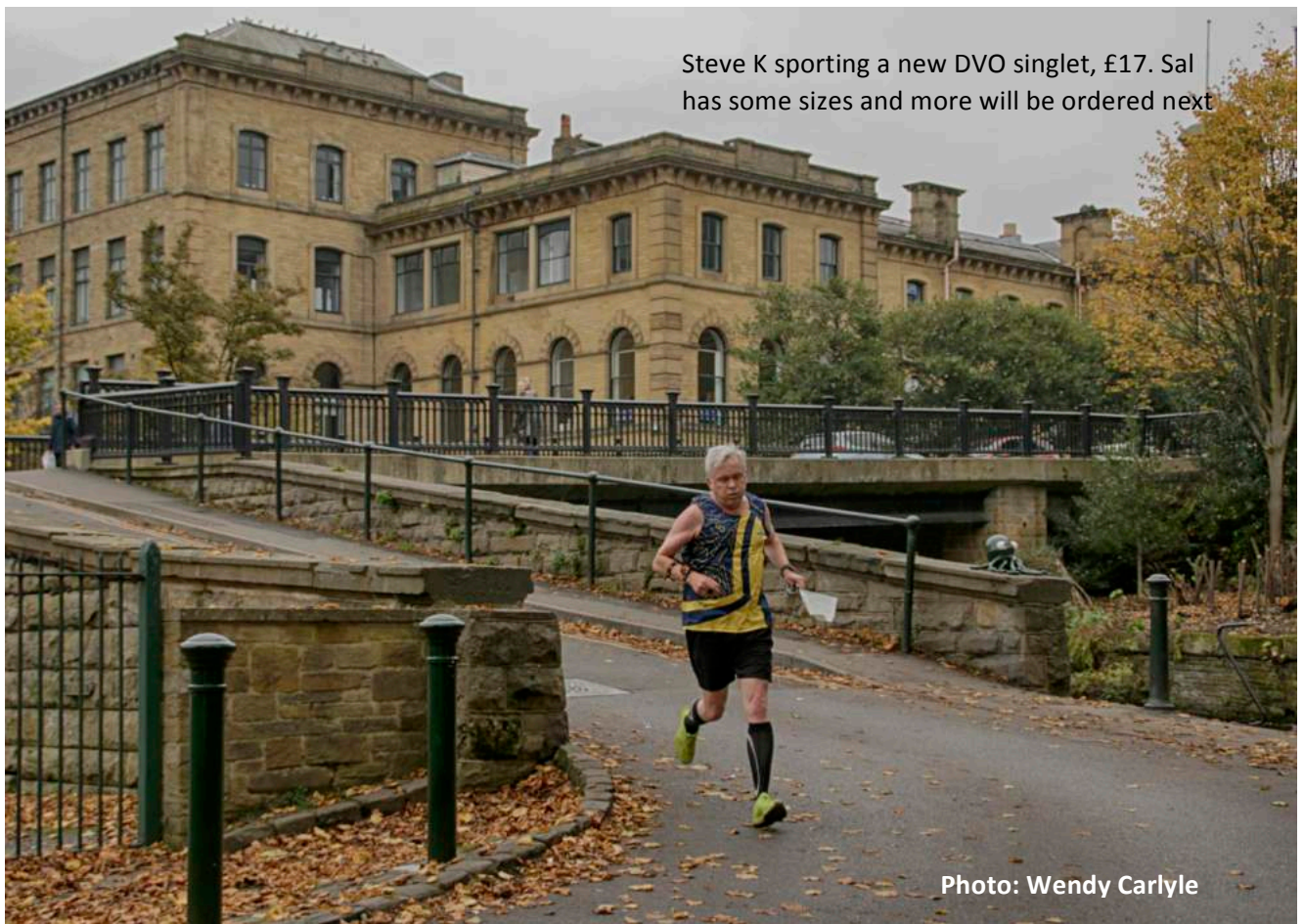
Saltaire Urban

Viv Macdonald

By way of complete contrast, on the Sunday we did an urban event round the wonderful UNESCO World Heritage site of Saltaire. The town takes its name from Titus Salt and the River Aire. Salt made his fortune in the Bradford textile industry but relocated his business and employees to a better climate than Bradford and built the mill and the workers' houses in the 1850s.

The registration/assembly area was at the Titus Salt School, a very impressive building. The orienteers who had been at the indoor event were eyeing it up and down to see if it was suitable for another one! After the start, the course crossed the canal and river and went past the Salt Mills (which we later visited to see the excellent David Hockney exhibition - paintings he initially did on his iPad), past the beautiful United Reformed Church and by Control 2 we were in amongst the lovely houses. These were built with their own water supply, gas lighting, indoor privy and separate living and cooking spaces - one of the best preserved nineteenth century model villages anywhere in the world.

The course took into the more conventional housing estates and wasn't too technical, so it was quite a smooth run through the streets, past the market back over the bridges (by now filling up with tourists) and into the last control and Finish in Roberts Park (part of Salt's vision for good leisure facilities to distract workers from the evils of alcohol). I finished a respectable 5th out of 17 in the Womens Supervets and, to give our legs a warm down, we later walked up the steep hill next to the Tramway so Cassie could have her run.



Steve K sporting a new DVO singlet, £17. Sal has some sizes and more will be ordered next

Photo: Wendy Carlyle

Liz's Chase at the Caddihoe

The Caddihoe Chase is an annual 2 day event which takes place in the south west, usually in September. Uniquely for an O event the second day has a chasing start such that by starting on Day 2 at the same gap after the winner on your course the previous day, then the first across the line is the overall winner. There can, of course, be a lot of people starting within the same minute. A fairly orderly queue is formed in time order from about -10 minutes and late arrivals are slotted in as appropriate, the Start Officials checking the list using their iPads. Of course as you are standing in the queue you're sizing up the nearest opposition on your colour course which will include other age groups and you're watching routes taken by faster runners than yourself – it really does help to know your peers and know which top they are running in.

This year's event was organised jointly by Wessex and Wimbourne clubs on the Isle of Purbeck. With family in Bournemouth we were tempted but UKOL points and Interland selection races helped to justify another weekend away. Likewise Chaffeys and Duckworths were also there from DVO. I had expected Agglestone Heath behind Studland Bay for the first day to be a sandy, heathery open heath. How wrong can you be? It was a marshy, tussocky area of heathland with various sized clumps of gorse, some of which were mapped. I was totally confused at one of my controls on a gully to the north of a clump of gorse which I eventually located, thanks to another competitor, in an unmapped patch of gorse. There were lots of marshes, some of which were inadvisable to cross, but I, in common with others, managed. In a final sprint I just managed to keep up with Mike.

Day 2 start times were easy to calculate as you just add your elapsed time to 10:00. I was 3 seconds ahead of Mike (on different courses), but 2 minutes behind 2nd placed Sue and 7 minutes behind Katy on W65. However as I stood in the start queue I realised I had Bill Vigar M80 only a minute ahead of me. Plenty of people to chase. And what a chase it was, Doug would have revelled in it.

Pick up map, hare off up the main track before turning up overgrown ride; overtake Bill and spot Sue ahead of me stumbling over tussocks and brashings. Led into control 1 by another competitor; abandon soggy ride for forest and catch Sue at control 2; a little too far right for 3 so have to backtrack; overtake Sue for 2nd time and spot Katy ahead of me; something wrong with the map here as I cross 2 paths not 1, and the open area doesn't seem right; follow Katy into number 4 then head out to path, more paddling, through gate, decide against going straight – boggy tussocks – and head up path for ridge – rather too much gorse; dib 5 and opt to go round rather than through gorse and as a result overshoot 6; turn round spot an M65 punching and Katy & Sue appearing through the gorse; fight my way back to 6 then head out to path in hot pursuit of the other two; overtake Sue for the 3rd time and punch 7 just behind Katy; first into 8 and opt for straight line across furrows to next control (sensibly Katy & Sue chose the path route); I stop close to veg. boundary as I see Katy approaching from my right and Sue on my left, so overtake Sue a 4th time; take one step forward and almost fall into deep pit – bottom in air I punch giving control away to anyone in the vicinity; struggle through gorse and tussocks to a well hidden 10 and stumble out to the track; once again I gullumped across before hitting the track by OOB caravan site; run along the track wondering when to turn in for gully 11 when some W60s and Sarah D (all running Green) emerge from gorse-filled gully; as I am leaving Katy & Sue appear; along the track to till the path junction across an earth wall and fight my way into the holly filled gully around 12 – it makes a change from gorse; then straight through dark green, down an earth wall, across a stream, and up to the path and along to the final control – hooray it's planted horizontally on a metal stake not vertically on a bendy cane like all the others.

Charge up the run-in, no sign of Katy & Sue at the Finish so get my breath back before downloading – 1st of 1 finishers – I've done it. Returned to finish to watch the other two finish close together. A thrilling race. But I wasn't the only trophy winner, Sarah & Rachel won W16 and W14 so 3 DVO prize-winners.

The Agglestone (shown on the front cover map extract, bottom left)



3rd October, Burnham Beeches, HH *(But what year? – there are plenty of clues)*

We thought we'd try out this orienteering thing that Chris Brasher kept banging on about in The Observer. We travelled down from Hertfordshire to Slough one Sunday morning under the auspices of the local scout troop. The bad news was that the M25 hadn't been built yet. The good news was that it didn't matter one jot; in pre Sunday trading times nobody bothered going out anywhere until about lunchtime and the roads were deserted.

We followed the signs, found the car park and went to Registration. There we discovered that a junior could hand over ten new pence, or two shillings in the recently discontinued "old money" and walk away with a brand new purpose-drawn map, a brightly coloured control card and a curious little list of things to search for. Mr Prowting's four colour map was, we were assured, at the cutting edge of orienteering cartography. It certainly didn't look much like the one inch to a mile OS map that I was familiar with and in some circumstances had been quite useful (i.e. being driven blindfold by my father as a nine year on several occasions to an unknown spot in the countryside, being given said map and then told, as he drove away, to work out where I was and find my way either home or to a rendezvous point). The scale was 10:000, but the impression was of a huge forest stretching away into the vast unknown, although it was probably only Slough.

Neil and I chose a course. 3km didn't sound too far but what was that in miles? About two. Maybe we could do more? No, the shorter courses were easier (including the "of its time" named Prampushers' course) and got harder with length. No real catering for older experienced runners but guess what? There weren't any. The top age class was M/W56 but if you were still competing at that venerable age you were considered to be some sort of miracle on legs.

Clutching our map, control card, control descriptions, map bag, compass, whistle and red pen we set off for the Master Maps. About five minutes later we had a very accurately copied set of controls, lines between them, carefully numbered and were ready to go. Jobs were delegated. I would navigate. Neil was in charge of the control descriptions and the control card and was hence chief puncher. We both had control spotting duties. We set off in the vague direction of where everybody else was going. I don't remember any paths; it was open and runnable beech woodland, sloping generally downhill but not that we were in much of a position to run, clutching onto so many vital bits and pieces. We were looking for a stream. After a few minutes we hit one, stretching away to the left and right but no flag was to be seen. But what was that? The stream ran into our out of a lake. Ah ha! But...there were two lakes on the map. Which one was this? With relentless logic but not a lot of confidence in our meanderings so far we decided to do a reconnaissance to establish which of the two lakes it was and then proceed from there. After a few minutes we had managed to eliminate one of the lakes from our enquiries and were therefore left with the guilty party. This attack point then led us to our first control. Neil solemnly extracted the control card from a very safe pocket, punched the little square labelled "1" with studied precision and stowed the card away again for future use. Fifteen minutes, twenty perhaps. Who cared? We were proper orienteers now!

And so we continued in a similar manner. The map made more and more sense. Our confidence grew. We got the hang of the scale and averted any major disasters. We even resisted the temptation to follow other people. About two-thirds of the way around the course we reached a path junction that we did not expect. We managed to relocate but it was clear that we had wandered off route and there was a 200m each way dog leg to the control. I told Neil to stand still, give me the control card and on his life, promise not to move one step. I then dashed away up the hill to find the control, punched the card and ran back down again. Reunited we made our way to the end of the course where we carefully handed over our immaculately punched control card. Twenty minutes later our result stub was fluttering on a washing line. All controls correct. And we weren't last either. We excitedly filled out a provided envelope with our address, inserted two and a half new pence into it for second class postage and placed it in the box. Three weeks later we were reunited with our envelope which in the interim had been filled with a bulging set of results (there had been over 500 people at the event) and found out that we had managed to finish about two-thirds of the way down the field.

Well, this seemed like a good thing to do on a Sunday. There wasn't a lot else competing for our time. No shops open, virtually no professional sport to go to or watch on TV, very limited pub opening hours (even

more limited for a school kid) and if you were so inclined, you could always catch the evening church service. Orienteering had, I believe, stepped into the recreational vacuum of the times and we like so many others were inexorably sucked into it.

Postscript “Every day is like Sunday, Every day is silent and grey” – Morrissey 1988

The breaching of the Sunday vacuum may be one of the factors that have affected orienteering attendances and the recruitment of new members. Whichever way you look at it, there are just so many more things available to attract our time now than there were in the early 1970s (the event was 1972 by the way). We take it for granted that the majority of prestigious sporting events climax on a Sunday but in this was certainly not the case in 1972. It was technically illegal under law to charge money to go a football match at that time and early Football League matches held on a Sunday had to admit spectators free and make them buy a programme for the price of a ticket at the turnstile. The fact that the BBC didn't have any of its flagship Grandstand programmes on a Sunday until 1981 is testament to the change that has occurred, as is the fact that the Monday newspaper sports sections are considerably bulkier than their Sunday counterparts. Morrissey's words, read out of context, no longer make any sense.

	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99			
Orienteering																																			
John Player Cricket																																			
League Football																																			
Men's Wimbledon Final																																			
British Open Golf																																			
British Grand Prix																																			
League Cup Final																																			
Test Matches																																			
Sunday Trading																																			
Pub hours extended																																			

The gradual encroachment into Sunday (1968-1999)

Some other “first event” stories

The Stirlands were living in Skipton, saw somebody putting a control at the end of their street, quizzed him and did the event. Orienteering had been on the radar to try for a while, but this was the prompt!

The Chaffeys were living in Leeds in 1989 and were invited to Aire's Ilkley Moor event by Sal's colleague Felicity Kendall (not the actress, but sister of the BBC News correspondent Bridget Kendall). We were 4th & 5th on Orange ... and hooked! We had no kids then and were into hillwalking, rock climbing (Dave) and marathon running (me), but orienteering somehow fitted into this schedule. For Dave it was his first time running since school. So DVO is our 3rd club after AIRE (6 months) and TVOC (5 years).

Doug Dickinson It was 1977 and the event was in the Outwoods ... in the autumn. Saw a notice somewhere so as I had studied at Loughborough and spent a good deal of my time running in the Outwoods I thought 'piece of cake' ... a lot of time was used up rushing around and around areas that I knew well, perhaps I should have looked at the map. I distinctly remember being beaten between two controls by a man wearing a suit and carrying an umbrella (sounds like Mr Benn – Ed, searching on YouTube). Not much has changed really in the 39 years since then.

Jane Burgess Five years ago on a walk, Helen Finlayson (yes, it's that woman again) said: 'If you like maps, you should try orienteering'. Me: 'I can't run, I'm not fit enough'. Helen: 'That's okay, we run on a Monday night. I'll see you there'. Nowhere to go with that one! My first event was on Bottom Moor. I drew my course on to the map. I was petrified, felt sick, couldn't think straight, made mistakes drawing the map. Helen was nowhere to be seen. I left the start and within 50m had run into the deep thick mud of a forest vehicle track. Up to my knees in filth. That did it for me, I was hooked. I could get as mucky as hell and no one would tell me off.

So Helen wins the Introducing Award, having also brought Roger and Margaret Keeling into the sport in 1988! Please keep these first event stories coming – who introduced you?

Know Your New Club Captain

No 11: Graham Johnson

When & where did you start orienteering/join DVO?

Our first event – Val and I went round together – was at Wass Forest in the summer of 1978. We were originally members of Airienteers, living in the Bradford area, and knew next to nothing about orienteering apart from information gleaned from a book I'd bought. We started by reporting to the Finish and were directed to the Start where we entered the Long Wayfarers course, the equivalent of Yellow today.

One thing I did know about the sport was that it involved a compass so, ignoring useful navigational aids like paths, I took a bearing and dived straight into the green, of which there is a plentiful supply at Wass, hacking our way to the controls in the most direct fashion possible in the certain knowledge that the shortest distance between two points is a straight line. It was a painful way to discover that this is not necessarily the case, and it's a wonder we didn't take up ballroom dancing instead. I do recall that Val went solo the next time.

In May 1980, I moved to Belper and joined DVO. A transfer fee was involved, but it was the only way DVO could be persuaded to take me on.

Highs & lows of any previous roles in DVO?

In the succeeding years, I have been Secretary, Newstrack Editor (for ten long years), Club Captain and latterly Control Collector Co-ordinator.

It didn't take long for DVO to inveigle me into the secretary's job at a time when it combined both taking minutes and dealing with entries and enquiries. Meetings were always open meetings at Judy and Steve Buckley's house, every two months, until DVO outgrew their living room and a committee system was set up. Minutes were hand-written and photocopied for distribution.

Looking back, I don't know how I managed to combine Newstrack editor with a growing family and a full-time job, but I do remember spending whole weekends on the job as the dreaded two-monthly deadline loomed. It's much better organised and the content improved these days.

The worst part of any DVO job I've done is undoubtedly the stress and hassle of on-the-day juggling of relay teams as a result of last-minute injuries or withdrawals, and filling out the wretched forms, every one of which requires competitors' BOF and dibber number. Surely there must be an easier way. Makes you wonder why I've agreed to do it all over again.

Likes & dislikes of your current role in DVO?

For dislikes, see preceding paragraph.

Acting as control collecting supremo is probably the most satisfying of the various DVO jobs, because I was at least in part responsible for establishing the post. For decades, the job of control collection was done on an ad hoc basis and left to whoever happened to be hanging around the Finish at the end of the day. It seemed to me that the planner had enough to worry about without having to organise collectors, so it's now my responsibility. Wandering around an area in the late afternoon with no-one about is often the best way to enjoy it – but don't tell anyone that otherwise they'll all want to volunteer.

Do you enjoy the new formats (Urban, Sprint)?

With one exception, it's an unequivocal 'yes'. I enjoy the Sprint events particularly, challenging the brain to wrestle with a repeated succession of choices and decisions. Orienteering used to shut down for three months of the year in the summer, apart from the Scottish 6 Days, but Urbans and Sprints are an ideal way



Graham & Val at the end of their epic Route 66 cycle tour earlier this month; what's said about Will Rogers also applies to Graham!

to plug the gap and provide a welcome alternative to yet another trek through Thieves Wood. It means I haven't had to enter an LEI event for over three years and get to go to places like Lille the weekend after next.

The exception to the rule is the Middle Distance event which I have still to warm to. Often planners simply don't understand the concept and treat it as a way to crowbar a shorter course on a sub-standard area (Wass Forest again at this year's JK, a Middle Distance event in all but name, being a case in point). Very few areas lend themselves to Middle Distance events, the honourable exception being Stanton Moor. Both British Middle Distance events in 2014 and 2015 were unsuitable for a national event, let alone a Middle Distance event (I didn't go to 2016's). And I still regard Middle Distance events as over-priced, a case of less for the same. Next year's JK Day 2 will be a Middle Distance event, but I bet we don't get a price reduction. I always regard this as a bit of a swiz.

What do you enjoy doing when not working/orienteering?

I no longer work, a sentence which it gives me great pleasure to write. Nowadays, I undertake the odd training run, walk or cycle ride, or occasionally travel abroad, the last two sometimes simultaneously. I have been known to grow a potato or bean in the allotment out back. From time to time, I might attend a spasmodic quiz (being captain of a local quiz team) or football match. Apart from that, most of my time is spent twiddling my thumbs and wondering how on earth I'm going to occupy myself; retirement is such a chore.

Most memorable orienteering "holiday"?

I've orienteered in France, Sweden, USA, Switzerland, Italy, Poland, Spain, but the most memorable holiday was probably the one in the Czech Republic about 15 or 16 years ago. The orienteering terrain was amazing; most controls were sandwiched between rock pillars up to 25 metres high. The country was still recovering from being the wrong side of the Iron Curtain and camping was in the gaps between dilapidated chalets left over from a Communist camp. Showers were cold and consisted of a hose pipe. What we didn't know is that the chalets had been let to youths attending an all-night Rave which started just as we were going to sleep. We would emerge haggard in the morning to meet the Ravers as they returned to their chalet beds; it was a sort of double shift system. At the campsite we stayed in the following week, showers were hot but their availability was limited to one hour per day, marked by a black cloud of smoke belched out by the hot water boilers as they were lit.

Favourite TV show?

It is traditional for members completing this questionnaire to say that they don't watch a lot of telly, and I'm not going to buck that trend. Apart from the News, I hardly watch any TV 'live', but *University Challenge* and *Mastermind* are compulsory on catch-up (more by way of revision really). The only bit of TV I try not to miss is that bit of *The Football League Show* at around 10.10 on a Saturday night when Channel 5 finally gets round to showing the goals the Cobblers have scored this week (until this season, I used to have to wait until 10.25!).

Favourite Film: Ferris Bueller's Day Off.

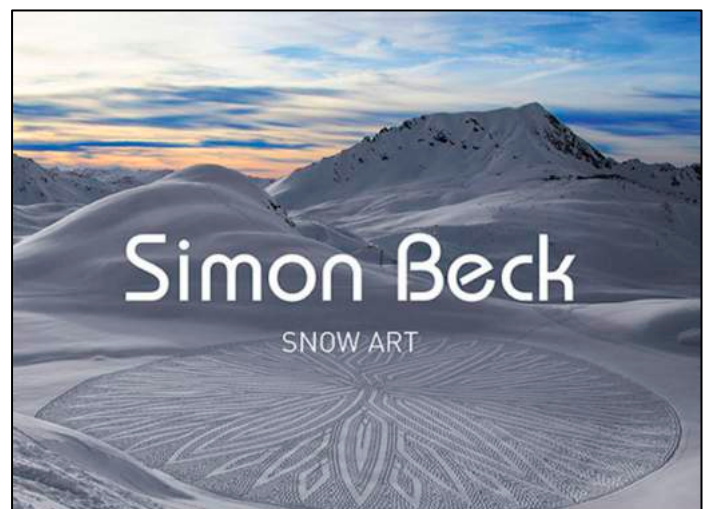
Favourite Book: A tie between *The Great Gatsby* and *The Big Sleep*.

Favourite Pudding: Sticky Toffee or my mother's cheesecake.

(I think that's enough Favourites – Ed)



UK O mapper Simon Beck uses his compass and pace counting skills to create beautiful patterns in snow and sand. Artworks require walks of upto 25 miles (wearing snowshoes) and can take 11 hours to complete: "making these drawings is map-making in reverse. You start with the map, and you need to make the ground agree with it." Wow! (Book €35 from <http://snowart.gallery/>)



Number in team: 51

Start

	Name	O Class
Lead	Andy Hawkins	M 65
Dep	Kim Buxton	W 55
Dep	Russell Buxton	M 55
	Gail Adkins	W 40
	Susan Allard	W 50
	Maria Banks	W 50
	Dai Bedwell	M 45
	Elizabeth Bedwell	W 18
	James Bedwell	M 14
	Karen Bedwell	W 45
	Judith Berry	W 50
	Edmond Brook	M 35
	Jane Burgess	W 55
	Nicole Clarke	W 14
	Yvonne Clarke	W 50
	Jill Croskell	W 60
	Jonathan Cundill	M 50
	Anne Cunningham	W 50
	Ruth Ellis	W 65
	Kevin Garner	M 60
	Darren Hawkins	M 45
	John Hawkins	M 55
	Alison Hayes	W 50
	Michel Johnson	M 80
	Anne Kimberley	W 55
	Michael Lindsay	M 65
	Pete March	M 55
	Christine Middleton	W 70
	Dawn Moore	W 60
	Richard Naish	M 50
	Adrian Northcott	M 50
	David Parkin	M 80
	Sarah Parkin	W 40
	Amanda Price	W 50
	Kathryn Schofield	W 40
	Dave Skidmore	M 70
	Adam Steventon	M 21
	Katherine Stuart Brook	W 21
	Robert Tucker	M 65
	Christopher Vardy	M 45
	Kirsten Williams	W 60

Number in team: 41

String Course

	Name	O Class
Lead	Michelle Mackervoy	W 45
Dep	Andrew Mackervoy	M 50
	Ashley Buxton	M 21
	Andrew Powell	M 21
	Emily Powell	W 21
	Andy Smith	W 45
	Robert Smith	M 50

Jane Stirland W 40

Tony Stirland M 40

Kirsty Turner W 21

Number in team: 10

Welfare Officer

Name	O Class
Sue Russell	W 50

Number in team: 1

The DVO Helping Teams

A number of years ago event organisers appealed directly to club members to help at events. To make the role of Organiser more of a coordinating role (and also because with e-punching, Download became a specialised job), DVO and other clubs implemented a Team system whereby the members are allocated to a team.

Now each Team Leader or Deputy has the job of asking for volunteers to help at events. This means that volunteers become more familiar with what's required in their own team.

We're publishing the current list as a reminder to all as to which team you are in and who your team leader and deputy are. If you would like to volunteer at an event do contact you team leader and if you would like to change your team do let Jen Gale know jg.244@btinternet.com

Control Collection

	Name	O Class
Lead	Graham Johnson	M 60
Dep	Richard Parkin	M 45
	Paul Addison	M 55
	Rex Bleakman	M 70
	Dave Chaffey	M 50
	Sal Chaffey	W 50
	Ben Crane	M 45
	Paul Goodhead	M 55
	John Hurley	M 60
	Andrew Jackson	M 50
	Tom Jenkins	M 50
	Ranald Macdonald	M 60
	Viv Macdonald	W 60
	Andrew Middleton	M 65
	David Newton	M 35
	James Prince	M 45
	Andy Sykes	M 50

Number in team: 17

Download & Results

	Name	O Class
Lead	Mike Godfree	M 65
Dep	Derek Gale	M 70
	Ann Armistead	W 65
	Mike Bradley	M 45
	John Cooke	M 70
	Doug Dickinson	M 70
	Jen Gale	W 70
	Mike Gardner	M 55
	Liz Godfree	W 65
	John Hopper	M 65
	Stephen Kimberley	M 55
	Alan Le Moigne	M 40
	Chris Millard	M 21
	Katherine Millard	W 21
	Andy Sykes	M 50

Number in team: 15

Enquiries

	Name	O Class
Lead	Rachel Davis	W 50
	Simon Davis	M 50
	Ann-Marie Duckworth	W 50
	Cathryn Goodhead	W 50
	Lynden Hartmann	W 60
	Judith Holt	W 65
	Val Johnson	W 55
	John Ragsdell	M 60

Marsha Ragsdell	W 60
Andrew Selby	M 40
Claire Selby	W 40

Number in team: 11

Equipment

	Name	O Class
Lead	Paul Wright	M 55

Number in team: 1

Event Safety Officer

	Name	O Class
Lead	Ranald Macdonald	M 60

Number in team: 1

Finish

	Name	O Class
Lead	David Bennett	M 40
	Paul Addison	M 55
	John Brown	M 60
	Sally Calland	W 40
	Daniel Cridland	M 9
	Brian Denness	M 60
	John Duckworth	M 50
	Lisa Gale	W 45
	Simon Gale	M 45
	Thomas Gale	M 21
	William Gale	M 20
	Kathryn Griffiths	W 40
	Tom Hartland	M 40
	Donna Hawkins	W 55
	Roger Hodgson	M 60
	Paul Keetley	M 60
	Richard Needham	M 50
	Andis Ozols	M 35
	Terry Peach	M 70
	Sarah Pennell	W 50
	David Pettit	M 21
	Martin Picker	M 45
	Susie Picker	W 45
	Kevin Price	M 55
	Yvonne Salome-Keetley	W 60
	Fiona Sellar	W 55
	Rich Tinsley	M 21
	DJ Walker	M 75
	Jake Warwick	M 21
	Nick Willmot	M 65

Number in team: 30

Registration & Parking

	Name	O Class
Lead	Malcolm Spencer	M 60
	Paul Armstrong	M 60
	Tony Berwick	M 75
	Sarah Blackburn	W 45
	Diane Blount	W 70
	Adrian Bonell	M 55
	Chris Bourne	M 45
	Adrian Boyes	M 60
	Tim Cairns	M 50
	William Chandler	M 45
	Helen Chiswell	W 35
	David Clough	M 45
	Geoffrey Cole	M 65
	Sally Dipple	W 55
	Helen Finlayson	W 70
	Brian Gibbs	M 80
	Tony Gordon	M 55
	Zoe Gordon	W 50
	Euan Grant	M 45
	Lu Green	W 50
	Lester Hartmann	M 55
	Ian Hodson	M 40
	Caroline Howells	W 35
	Margaret Keeling	W 65
	Roger Keeling	M 70
	Stephen Knowles	M 60
	Ava Lightfoot	W 10
	Claire Lightfoot	W 40
	Tilly Lightfoot	W 12
	Trevor Lightfoot	M 50
	Sian Mead	W 50
	Stephen Mead	M 55
	Gill Milner	W 80
	Sally Newton	W 60
	Ben O'Donnell	M 12
	Chris O'Donnell	M 45
	Jake O'Donnell	M 10
	Nicola O'Donnell	W 45
	Ian Parfitt	M 65
	Andy Parry	M 35
	Rebecca Perring	W 50
	Louise Rimmington	W 21
	Robert Shooter	M 60
	Ray Stuart	M 65
	Stuart Swalwell	M 65
	David Vincent	M 55
	Brian Ward	M 80
	Pauline Ward	W 70
	Murray White	M 50
	Stuart Wicks	M 50
	Paul Young	M 40



(Except when it's Saturday or Wednesday)

RDO – Real Derbyshire Orienteers. Fanzine No 19
Never known for sitting on the fence (west side)

Cromford Rocks Planning Crisis

Over-use of area has exhausted all possible routes (pages 92-96)
It's a disgrace – competitors will have to use second-hand courses (page 3)
Other news – foxes, badgers, squirrels and hedgehogs spotted doing the P.O.C at night (video link available)
Chutney confirmed as the new chutney (page 99)
(You're fired –Ed)

Quantum Omnishambles

There were scenes of chaos and confusion at the recent Derwentian Club Championships when the highly anticipated Quantum Handicap System failed to live up to expectation. Following years of boring finishes, the club was keen to adopt a new approach to handicapping, developed by top experts, that was “99% certain to produce an exciting mass sprint finish”. But it was not to be. “We set them off as advised by the computer printouts” explained a dazed official, “but after three hours and no finishers we began to suspect that there might be something wrong,” Indeed there was. We spoke to 75 year old Joyce Burton from Burton Joyce who had misgivings from the start. “I did question why I had to run the Brown course,” she bravely said from her hospital bed, “but the experts were insistent that everything was fine with their new quadruplet thingamabob. They gave me my map and pushed me out into the forest. I don't remember a whole lot since then.”

Our roving reporter Miles Piles spoke to a top scientist involved in developing the new system at a secret location on a hillside near Belper, Gateway to the North.

Piles (for it is he): “What exactly has gone wrong here. Our readers have a right to know!”

Scientist (agitatedly): “We can't explain how this has happened. Years of development could be down the drain. The system is quantum, whatever that means, so it supposed to be infallible. And it would have been if it hadn't been for those pesky interfering decimal points getting the wrong places”.

(is led away sobbing by (more) men in white coats)

Piles: “So there you have it. The search goes on

for five competitors still out there after twenty seven hours. Back to the studio.”

QI?

WSC is always keen to educate and with the next series of QI due to feature the letter “O”, it is on hand to offer some quite interesting but little known facts about the sport that it is sure the programme makers can weave into its rich tapestry.

- EMIT devices will explode if subject to more than thirty minutes of Bjork (there has been a recall in Iceland)
- All Svenborgian courses follow control 12 with control 14 as the number 13 is associated with instant death (sadly this was not spotted for several years)..
- The golden rule of route choice is that it is always a faster option to take the high road as opposed to the low road (applies only in Scotland)
- Orienteering in a knitted woollen orienteering suit may badly affect one's sense of direction.
- There is still officially an IOF mapping symbol for “here be dragons” but there have been no recorded uses since 1672.
- 9% of women have more than ten pairs of O-shoes but have not gone orienteering on account of “having nothing to wear” (*I'm on standby – WSC lawyer*)

(*Good work.....oh, what do you mean they don't just make everything up? - Ed*)

Lottery Result

The winning line from last month: 1, 7, 14, 7881, Tinky Winky, Mr Bun the Baker,π.

For the 714th consecutive draw there are no jackpot winners and the prize fund rolls over once again to ~~the editor's biscuit fund~~ a really good cause.

Obituary

With regret, WSC reports on the sad demise of Clinton Trump. The Major reports:

Most orienteers have, by definition, at least some smidgeon of navigational ability about them or any sort of career in the sport would be short. Clinton however had none.

Not a dicky bird.

Diddley squat.

Zilch.

His orienteering ability it was said, made some of the great navigational mishaps of history look like genius. Hannibal's up and over route choice with elephants, Christopher Columbus' dilemma over the Indies (East or West?) or Moses's forty year meanderings in the desert trying to find an attack point for the Holy Land come to mind.

So how was he so successful? How did he constantly challenge for the top places?

I won't prevaricate about the bush.

Clinton was the finest cheat the sport has ever seen this side of the Erewash.

Bar none!

None of this mucky modern cheating mind you. No drugs, no dodgy midnight deliveries of strange packages and no urine transfusions.

Oh no!

I refer to the noblest form of cheating, namely that of gamesmanship.

Space forbids me from describing in detail the full range of the techniques that he employed, save to say that the code words that he used to refer to them such as "Punch Bag", "Dog Nose" and "Brekky Recce" hint at the treasures within. However, I will expand on his *piece de resistance*, that of following a fellow competitor whilst running in front of them! This required years of perfection; many an elite runner thought that they were following Clinton when in fact *the exact opposite applied* – he was following them.

What a genius!

Due to a bizarre gardening accident his career was brought to a premature end and he spent his latter days carving small wooden vegetables. We won't see his like again. As my dear old friend Barty Rootstock used to say "I love the smell of marmite in the morning". Or something like that.

The WSC all-purpose Christmas circular letter

Yes, WSC is pleased to present this service to its readers. Just cut out, delete what doesn't apply and send it off!

Dear (Helen and David / Deirdre / old thing / me, it's that time of the year already),

Christmas greetings from (Belper, Gateway to the North / Asbury Park, N.Y.* / all of us here / as low as £6.99). We had another great year of orienteering, the highlight of which was our trip to the (Swedish / Swiss / Svenborgian / Narnian) 5 day event. We popped over on the (ferry / Eurostar / Thursday / off chance) and were not disappointed. The thing we will always remember will be when _____ caught (up 17 places on the chasing start / the sun really badly on the first day / a huge fish on our rest day boating trip / herpes).

How we laughed! The prizes were great. _____ won (an ashtray / a life sized model of Celine Dion / a set of wooden carved vegetables / a deluxe funeral package). Back home we helped out with the local club. _____ planned the recent night event where he (was highly commended for his brilliant courses / developed a hernia / was arrested on suspicion of d*****g). How we laughed! _____ has now left home and is (doing just fine in the City / a hipster / on the run from the authorities / homeless).

Until next year, toodle-ooo

(*contractual obligation Bruce Springsteen joke - you may now laugh. Thank you.)

Caption Competition



Some great prizes this month. Just add your caption to this exciting action shot from the recent Cromford Rocks event and you stand to win one of five copies of Bob McNut's amazing new publication "Victorian Gripples". Closing date 31/12/16.

DVO, EM Junior Squad and England ... NT speaks to Rachel D!

Rachel and Sarah were jointly awarded the Junior Orienteer of the Year Trophy at the Club Champs Social last month. They both train regularly with the East Midlands Junior Squad, and have been representing both EMJOS and England for a few years now. This year they ran for the EM Squad in the Junior Inter-Regional Championships up in Deeside, as well as running for England in the Junior Home Internationals in Northumberland. I caught up with Rachel and Ann-Marie after the Grangewood event.

You had a busy summer, Rachel. I hear you went to Sweden, was this training or a competition?

It was a family holiday to the Rocky Orienteering Circus, a 6 day competition that ran alongside this year's WOC. At WOC 2015, Sarah and I went to the Elite Clinic with Thierry Georgiou, and he told us "if you want to run in good terrain, go to Sweden!" So we pestered mum and dad ...

While DVO were running at Chinley Churn, you were up in Scotland at the [Junior Inter Regional Championships](#) [this is where the 9 English regions take on Scotland, Wales and Northern Ireland].

Yes, not so many went to JIRCs this year because of the distance (the EMOA group was 14, including coaches)

You were 3rd in W14 at Cambus O'May, you must have been very pleased?

Yes! I was only 4 seconds behind Lizzie Stansfield (Scotland) who was 2nd! [A great result, especially as Rachel is in her first year of W14]

You all stayed at Coult's Academy in Aberdeen. I read on the SJOS website that the catering staff were experienced at feeding hungry teenagers. What did you have?

Steak and kidney pie and crumble!

And it was an all-DVO team in the Women's Relay (Sarah, Rachel, Elizabeth; the Team were 9th out of 19), how did that go? Forvie looks very technical for a Relay!

Yes, my gaffe sent me away from the pack and I lost 5 minutes on a difficult control. I just caught them up at the end.

I've seen your England top, do EMOA have squad kit?

Yes we have a purple top with some flashes of grey. It's quite abstract and modern looking. But we have no flag to use on the podium!

A great result for you both in the [Junior Home Internationals](#) up in the North East (3rd W14 & 5th W16), did that run run go well?



Yes, at Simonside again I could have been 2nd [Rachel was less than a minute behind Evie Conway], but the second leg was in an open area with scattered trees, and I was very close to my control for about 5 minutes, without realising!

You were in the winning Relay Team at Slaley Estate. Were you worried about running with Niamh and Fiona I know they're older than you? [Niamh Hunter, WCOC and Fiona Bunn, TVOC]

Not too worried; we'd been told that the job of the W16 (1st leg) was to get a place, and my job as middle leg was to hold onto that place. The order is 16/14/18



Sarah in the JHI Relays on 1st leg. Photo: Wendy Carlyle, from album: <https://www.flickr.com/photos/wendles56/sets/72157671530306753/>

It's great your result helped to secure England's overall victory. I heard you won a voucher, what did you spend it on?

Yes, I won £30 and am going to get my first pair of spikes! [Ann-Marie adds: "So, one shoe sponsored by CompassPoint, the other sponsored by dad!"]

What's your favourite area for orienteering?

I prefer forested areas to open ones, but I like the variety on Stanton Moor. I can train on Crich Chase from home, so I wouldn't count it as a favourite!

What did you think of today's area?

A bit like an LEI area, didn't like it! [Rachel was 2nd on Green, less than a minute behind Mike Napier from NOC]. We're not going to the Level B at Spring Cottage next year!

Do you do any other sports?

I play netball, football and water polo for school. We use the Arc pool at Matlock for the water polo as the bottom moves. The water needs to be 2m deep everywhere as you're not allowed to touch the bottom.

Have you got any good O souvenirs?

I collected elite autographs on the back of my Scottish 6 Days bib – the British Squad, plus Maja Alm, Thierry and lots of other internationals!

Plans for the future?

The Malham training weekend is coming up in early November for the EMJS and NWJS [see photo]. The North East JS are hosting it. Then in 2017, I'm hoping to be selected for Lagganlia [the July training camp for M/W14s]. The EM coaches will select one boy and one girl to attend, so fingers crossed!

Sarah went last year, knowing just 2 people attending, and came back knowing 24! They even had a Date Night towards the end of the week, where you had to have a three-course meal with a boy!

A lot of the British Squad attend. It's good for them to act as coaches/mentors, so they have experience if they want to coach in Sweden. There's normally 1 coach to about 3 athletes, so it's areally good experience!

Ann-Marie adds: The East Midlands Junior Squad trains regularly and is coached by myself and other East Midlands coaches. In the spring, they'll be teaming up with other regions to train on some top class areas.

Thanks Rachel, that was very interesting. Not everyone in DVO knows about the opportunities for Juniors in the EM Squad. Good luck, I really hope you get to Lagganlia.

The EMJS training with NWJS at Malham earlier this month. Photo: Dai Bedwell



<http://www.jros.org.uk/lagganlia-2016> check out the videos, especially the balloon relay in the What Really Happened video!

The Junior Inter-Regional Championships are coming to the East Midlands in 2018, and DVO officials started looking for accommodation for 230 runners and coaches some months ago! Unfortunately the new Mount Cook Adventure Centre near Wirksworth isn't quite big enough and alternatives are being investigated. If you have connections with a possible venue, please let Ann-Marie know.

The areas likely to be used are Carsington for the Individual Day and Chatsworth for the Relays. Negotiations are in progress.

Puzzle Page

Dave Nevell

As we move into the final puzzle of the year it is, in the words of Sir Alex Ferguson, squeaky bum time! But first, what was the result of last time's teaser? This involved working out the number of controls in various blocks of forest at Symmetric Shrubs. As an additional (unintended) challenge, the puzzle ended up in two forms! The electronic version which was solvable and the printed version which was not, due to the division sign having somehow morphed into a square root sign during the printing process. Sal is innocent, Bill Gates is not. However, in some sort of Darwinian survival of the fittest process, those of you with that sixth sense that something was amiss came through with flying colours anyway.

Anyway the answer is shown here, with the correct template. I had correct answers from Jen Gale, Andy Mackervoy, Simon Gale, and Helen Chiswell. I think that's all – let me know if I missed you.

We now move onto the year's grand finale for which there are double points!

12+	5	6	7+	1	2	2-	3	2-	4
2÷	2	1	3	4	5	6			
4	9+	5	2	5-	1	6	10+	3	
5-	1	4	2÷	6	3	2	5		
6	5+	3	600x	4	5	3-	1	2÷	2
3	3	2	5	6	4	1			

Cryptic Clubs

Actually, not many of these cryptic – there's a bit of a mixture – but the idea is to work out which current British orienteering club each of these clues alludes to. You may not need to get all 12 right so please enter with your best shot. The puzzle-setter's jurisdiction is final!

1. A dating agency?
2. A king and a master.
3. Fans of ABBA?
4. A flower also found in Yorkshire or Cumbria.
5. It sounds like it used to be near a hard place.
6. Founded on April Fool's Day, appropriately
7. The sibling club with the greatest latitude.
8. Neighbours who used to be crazy nutters.
9. Something for the victor?
10. Four-legged predecessor of SI and Emit.
11. OC
12. Looks like Charles and Henry engineered this name.

Answers to me dnevell3@gmail.com by Sal's copy date please. The final table for the overall 2016 competition will be published in the next Newstrack.

Forthcoming Fixtures (DVO, NOC, LEI, other)

UKOL = UK Orienteering League event;  UK Urban League

 East Mids League event; EMUL EM Urban League event

November

Sun 27th B East Midlands Championships, Wakerley Great Wood

December

Sun 4th  Byron's Walk (note new date)

Sun 11th  Eyam Moor

Sun 18th  Walesby Forest

Sat 31st  Ratby and Martinshaw

The
RHT!



January

Sun 1st C Laurie Bradley New Years Day Score Event, Bathpool, POTO

Mon 2nd EMUL Belper Urban, Mass Start 11am. From No 28, Market Place, Belper DE56 1FZ

Sun 8th B Robin Hood Trophy, The Dukeries, DVO are current holders (photo)!

Sun 15th  Bagworth Common & Woods

Sun 22nd C Big Moor, near Chesterfield. See SYO website

Sun 29th B Shining Cliff, new map, parking & Assembly!

Event Officials Needed!

Thinking of a new challenge for 2017? For the roles of Organiser and Planner at Level D and C events, novices are welcome and we can put you in touch with a 'mentor' if needed. Names to Ann-Marie please:

jasrduckworth@btinternet.com

Date	Venue	Level	Organiser	Planner	Controller	
29/01/17	DVO Level B – Shining Cliff	B	Val Johnson	Paul Addison		?
26/02/17	Lindop – part of the EM League	C	?	Dave Chaffey	Mark Chapman (SYO)	
01/03/17	Dovedale Thorpe Pastures – Military League Event	D	Sally Calland	Mike Godfree		N/A
25/03/17	Derby Parks – Markeaton Park	D	Paul Goodhead	Paul Goodhead		N/A
08/04/17	Derby Parks – Darley Park	D	?	?		N/A
09/04/17	Crich Chase – part of the EM League	C	?	?	Dai Bedwell	
22/04/17	Derby Parks – Elvaston Park	D	?	?		N/A
06/05/17	Derby Parks – Allestree Park	D	?	David Pettit		N/A
13/05/17	Derby Parks – Rosliston	D	?	?		N/A
21/05/17	Calke Abbey – part of the EM League – Yvette Baker Heat?	C	Sal Chaffey	Doug Dickinson	Mike Gardner	
02/07/17	Longstone Moor – part of the EM League	C	?	Andy Sykes	Paul Addison	
24/09/17	Kedleston Hall – part of the EM League	C	Stuart Swalwell	Murray White	?	
22/10/17	Chesterfield Urban (to be Level C)	C/D	Claire Selby	Jane Burgess	?	
10/12/17	Eyam Moor & Bretton Clough – East Midlands Champs?	B	?	?	?	

Double Points for Belper Urban, January 2nd!

I heard last month that the Belper Urban is to be included in UK Urban League (as well as EMUL), which is exciting news! Entries are open on www.fabian4.co.uk Apply to your team leader for your Helper's discount code.

Other EMUL fixtures for 2017 are Loughborough Uni 18 June, Lincoln 20 Aug, Stamford 8 Oct, Chesterfield 22 Oct and Shepshed 11 Nov.

Map shows the Ritz Cinema, Belper Films on Jan 2nd are Trolls at 1pm & Doctor Strange at 3:15!





Winter Orienteering

with **DVO** & **Matlock O Club**



Sat 3rd Dec (informal Short/Medium/Long courses at these 3 events)

Oker Hill Starts 1-3pm. Parking at Ashton Farm DE4 2JP

Sun 11th Dec Eyam Moor

Entry on the day only. Registration 10-12 noon, parking along Sir William Hill Road

Mon 2nd Jan Belper Urban

Limited entry on the day. Registration 10-10:45 for 11am Mass Start

No 28, The Market Place, Belper, DE56 1FZ. Enter via Fabian4 before 28th Dec |



Sat 21st Jan

Darwin Forest Park Starts 1-3pm. Parking on Flash Lane, DE4 5PL

Sun 29th Jan Shining Cliff Woods

Limited entry on the day, parking at Lichfield Group site, signed from A6. Enter via Fabian4 before Jan 22nd

New map!



Sat 18th Feb

Pools Brook Country Park Starts 1-3pm at the Pavilion, S43 3WL

Sun 26th Feb Lindop

Entry on the day only, Registration 10-12, Calton Lees car park

Woods on the Chatsworth and Haddon Estates, not normally open to the public



Sun 9th April Crich Chase

Entry on the day only, Registration 10-12 noon. Parking: check DVO.org

You've made it through the winter, now come and see the bluebells!



There will be Final Details nearer the time of each event on www.DVO.org.uk with directions, fees, course lengths, etc. For more info on the three **Matlock events**, please email viv.macdonald@btinternet.com

Winter flier – I've had a print run done, so please let me know if you would like some to pass round. I also have a sharper poster version I can email anyone who would be able to display it! Thanks :) Sal